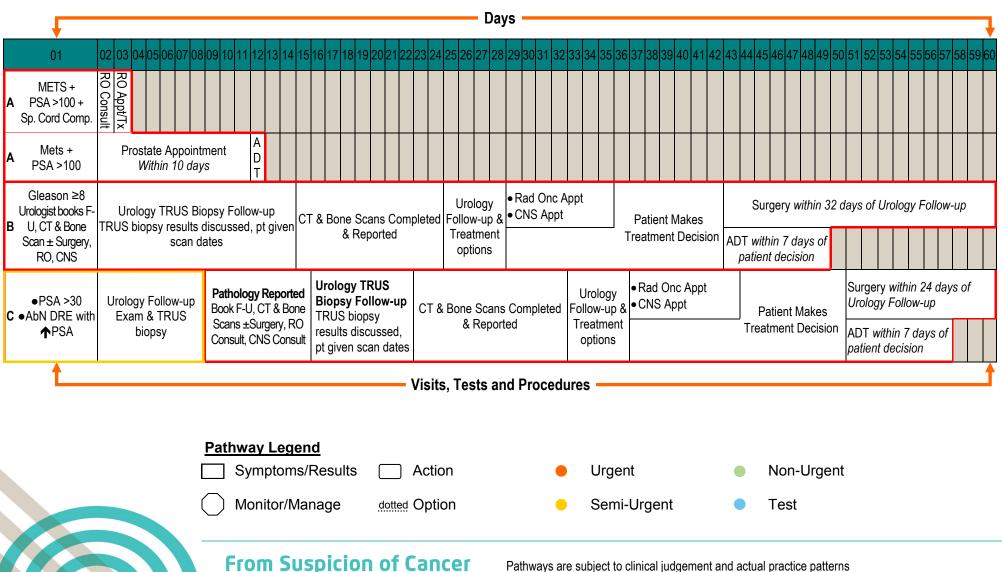


Timeline Model in Manitoba for the High Grade Prostate Cancer Patient Journey from Suspicion of Cancer to Treatment in Sixty Days



Prostate cancer is a very heterogeneous disease. This pathway applies to the three categories of patients identified below who have suspected high grade disease and who are most likely to benefit from treatment, which must be rendered in a timely fashion.



to Treatment In Sixty Days

Pathways are subject to clinical judgement and actual practice patterns may not always follow the proposed steps in this pathway.



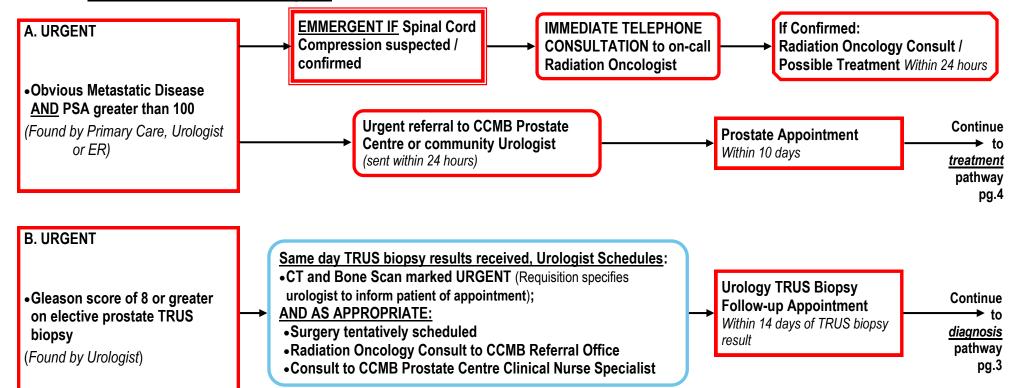
Work-Up of Suspected HIGH GRADE PROSTATE CANCER

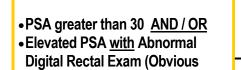
Timeline and Legend pg.1

PRACTICE POINTS: Digital rectal exam done on <u>all</u> patients with symptoms suspicious for prostate cancer.

See <u>Supporting Information for Clinicians</u> (pg 5) for contacts and resources. Contact the **Cancer Question Helpline for Primary Care** for assistance.

All referrals sent within 24 hrs of visit. Provide complete information as requested to avoid delays. Ensure patient and family is well informed and receives appointment information. If patient is in distress, offer referral to local counsellor.





C. SEMI-URGENT

(Found by Primary Care, Urologist or ER)

induration/nodularity of prostate)

Referral to urologist who performs TRUS biopsy or CCMB Prostate Centre

Urology Appointment & TRUS biopsy
Within 7 days of referral

Continue

→ to

<u>diagnosis</u>

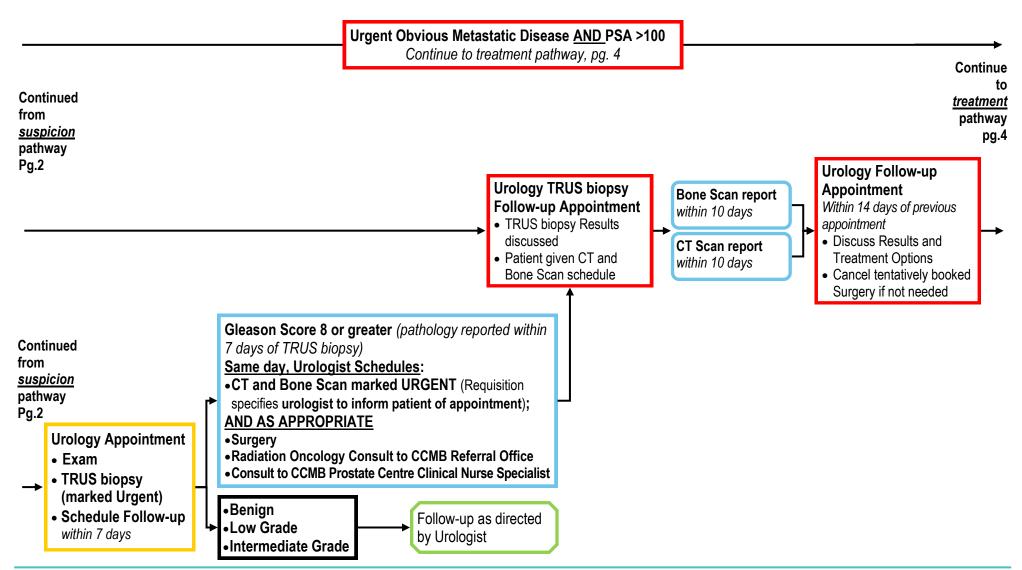
pathway

pg.3

Diagnostic Pathway HIGH GRADE PROSTATE CANCER

Timeline and Legend pg.1

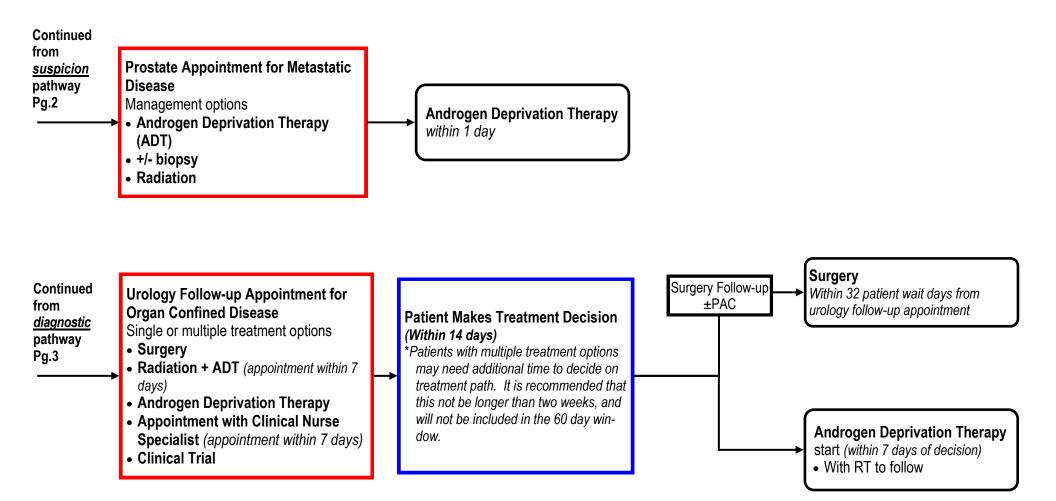
PRACTICE POINTS: Ensure patient is well informed and receives appointment information. Offer patients connections with psychosocial clinicians and cancer navigation services (see **Supporting Information for Clinicians**, pg 5). Ensure the referring primary care provider is informed of results, direct referrals, and result discussions with patients.



Treatment Pathway: HIGH GRADE PROSTATE CANCER

Timeline and Legend pg.1

PRACTICE POINTS: Ensure Patient understands plan for first treatment. Ensure patient is well informed and receives appropriate information such as surgical procedure or a CancerCare patient guide. Offer patients connections with Prostate Centre Clinical Nurse Specialist, psychosocial clinicians and cancer navigation services (see <u>Supporting</u> <u>Information for Clinicians</u>, pg 5). Ensure the referring primary care provider is informed of results, treatment plan, direct referrals, result discussions with the patient.





Supporting Information for Clinicians

Clinical Support Contact Numbers

Available during office hours

MB Prostate Centre: 675 McDermot Ave, Winnipeg Fax Referrals	204-787-4461 (t) 204-786-0637 (f)
MB Prostate Centre—Clinical Nurse Specialist	204-787-4495
CCMB Central Referral Office: Referral Form & Guides: www.cancercare.mb.ca - 'Referrals' link	204-787-2176(t) 204-786-0621(f)
Oncologist on call, Health Sciences Centre Winnipeg	paging 204-787-2071
Oncologist on call, St. Boniface Hospital	paging 204-237-2053
CCMB Pain & Symptom physician (reception line - request Pain & Symptom physician on call)	204-237-2033
CCMB First Nations, Inuit, Métis Cancer Control Patient Access Coordinator	Toll-free: 1-855-881-4395

Urgent, Emergent and Afterhours Care for Cancer Patients

All questions of an emergent nature about the care or referral of a cancer patient, page the <u>Oncologist on call</u>. For symptom management consultation, page the WRHA Palliative Care physician on call.

For emergencies, please direct patients to go direct to their local Emergency Department. Patients must inform Emergency staff of their cancer type, medications, and oncologist name.

Oncologist on call, Health Sciences Centre Winnipeg	paging 204-787-2071
Oncologist on call, St. Boniface General Hospital	paging 204-237-2053
WRHA Palliative Care Physician on call, St. B Hospital	paging 204-237-2053

Cancer Question Helpline for Primary Care

For help with cancer-related questions including work-up or diagnosis: Monday to Friday 8:30 a.m.- 4:30 pm

Call or text/sms messaging	204-226-2262
Email	cancer.question@cancercare.mb.ca
Online form:	www.cancercare.mb.ca/cancerquestion

Cancer Navigation and Patient Support Services

Navigation Services (Nurse Navigators and Psychosocial Oncology Clinicians) at the Regional Cancer Program Hubs	
Interlake-Eastern RHA	Toll-free: 1-855-557-2273
Prairie Mountain Health	Toll-free: 1-855-346-3710
Northern Health	Toll-free: 1-855-740-9322
Southern Health-Santé Sud	Toll-free: 1-855-623-1533
 Winnipeg Regional Health Authority 	Toll-free: 1-855-837-5400
Winnipeg Psychosocial Oncology Clinicians and other	204-787-2109
supportive care services, CCMB Patient and Family Support Services	Toll-free: 1-866-561-1026 ext 2109





High Grade Prostate Cancer Pathway



When Do the 60 Days Begin?

The start point has been defined as clinical suspicion—the date of the patient visit when a health care provider suspects high grade prostate cancer and thus initiates diagnostic testing or specialist referral.

A "patient wait day" includes weekend and holiday days as it refers to any day the patient is left waiting for information, discussion, tests, diagnosis and treatment, thus causing additional worry or confusion for the patient. The timeline for pathways in a cancer patient journey focus on decreasing patient wait days.

Hearing the Patient Voice

Patients involved in the improvements occurring through In Sixty have reviewed their experiences and collectively developed guidelines for health providers to better hear the voice of patients, and thus improve the patient experience.

Guidelines

Communication with patients should:

- Be individualized. Be truthful and transparent.
- Be consistent.
- Be in non-medical jargon use simple language.
- Be quality information.
- Be caring.

- Be active, interactive and proactive.
- Be ongoing, not one time.
- Be done in an appropriate setting and context.
- Be inclusive of patients and their families.
- Be culturally competent and responsive

For a full version of the Patient Communication Principles and Guidelines, please email cancerjourney@gov.mb.ca

01	02 03 04 05 06 07 08	09 10 11 12 13 1	4 15	16 17	18 19	9 20 2	21 22	2 23	24	25 26	27	28 29	30	31 3	2 33	34 35	5 36	37	38	39	40	41	42	43	14 4:	5 46	6 47	7 48	49	50	51	52	53	54	55 50	6 57	58 5	59 60
METS + PSA >100 + Sp. Cord Comp.	RO Appt/Tx																																					
Mets + PSA >100	Prostate Appointr Within 10 days																																					
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