ADULT Updated: March 24, 2021

Regimen Reference Order - BRST - fulvestrant

ARIA: BRST - [fulvestrant]

Planned Course: Until disease progression or unacceptable toxicity (1 cycle = 84 days)

Indication for Use: Breast Cancer Metastatic

CVAD: Not Required

Blood work requirements:

Blood work at provider's discretion; not required to proceed with treatment

SEQUENCE OF MEDICATION ADMINISTRATION

	Pre-treatment Requirements			
Drug	Dose	CCMB Administration Guideline		
Not Applicable				

Treatment Regimen – BRST – fulvestrant				
Drug	Dose	CCMB Administration Guideline		
Cycle 1				
fulvestrant	500 mg (2 syringes of 250 mg)	Intramuscular into ventrogluteal muscle over 1 to 2 minutes per injection (administer 500 mg dose as two 5 mL IM injections) on Days 1, 15, 29, 57		
Cycle 2 and onwards				
fulvestrant	500 mg (2 syringes of 250 mg)	Intramuscular into ventrogluteal muscle over 1 to 2 minutes per injection (administer 500 mg dose as two 5 mL IM injections) on Days 1,29 and 57		
fulvestrant available dosage strength: 250 mg per 5mL syringe Classification: Non-Cytotoxic, Hazardous				

In the event of an infusion-related hypersensitivity reaction, refer to the 'Hypersensitivity Reaction Standing Order'

REQUIRED MONITORING

Every clinic visit (at least every 3 months)

• Blood work as per Physician Order

L		Recommended Support Medications		
П	Drug	Dose	CCMB Administration Guideline	
None required				



ADULT	BRST – fulvestrant

DISCHARGE INSTRUCTIONS

Not applicable

ADDITIONAL INFORMATION

- The length of the needle provided with fulvestrant is 1.5 inches (38 mm)
- The patient's body habitus and ventrogluteal fat thickness should be evaluated to ensure the delivery of drug into the muscle
- The preferred site of administration for fulvestrant is into ventrogluteal muscle. Dorsogluteal injections are associated with increased possibility of damaging the sciatic nerve
- fulvestrant should be kept in the refrigerator
- When LHRH agonist therapy is clinically indicated (e.g. for pre or peri-menopausal patients) therapy continues throughout fulvestrant therapy
- Support protocol is available for fulvestrant under BRST [fulvestrant]

