Regimen Reference Order - CNS - etoposide (oral)

ARIA: CNS – [etoposide (oral)]

Planned Course: Once daily for 3 weeks, then 1 week off (1 cycle = 28 days) until disease

progression or unacceptable toxicity

Indication for Use: High Grade Glioma, Recurrent

Proceed with treatment if:

ANC equal to or greater than 1.5 \times 10 $^{\circ}/L$ AND Platelets equal to or greater than 100 \times 10 $^{\circ}/L$

Contact Physician if parameters not met

SEQUENCE OF MEDICATION ADMINISTRATION

Treatment Regimen – CNS – etoposide (oral)			
Drug	Dose	CCMB Administration Guideline	
ondansetron	4 mg	Orally once daily 30 minutes prior to etoposide on Days 1 to 21 , followed by 7 days off (Self-administered at home)	
etoposide	50 mg	Orally once daily on Days 1 to 21 , followed by 7 days off Take on an empty stomach. Swallow whole (Self-administered at home)	
etoposide (VePesid®) available dosage strength: 50 mg capsule Classification: Cytotoxic, Hazardous		gth: 50 mg capsule	

REQUIRED MONITORING

All Cycles

 CBC, serum creatinine, urea, electrolytes, liver enzymes, LDH, total bilirubin, uric acid and albumin as per Physician Orders

Recommended Support Medications		
Drug	Dose	CCMB Administration Guideline
metoclopramide	10 – 20 mg	Orally every 4 hours as needed for nausea and vomiting

INSTRUCTIONS FOR PATIENT

- etoposide has potential for drug-drug interactions. Patients should notify clinic prior to starting any new medication
- Avoid grapefruit and grapefruit juice, Seville oranges (i.e. orange marmalade) and starfruit
- Reinforce applicable safe handling precautions of medications, blood and body fluids while on etoposide

ADDITIONAL INFORMATION

 All oral agents as part of this regimen (etoposide, ondansetron and metoclopramide) will be dispensed by CancerCare Manitoba Pharmacy

